

# Cornerstone Therapy Services

## Speech/Language Pathology Occupational and Physical Therapy

1333 Gateway Drive, Suite 1014  
Melbourne, Florida 32901  
Office 321-432-2572 Fax 321-768-2489

### What to Expect From Cornerstone

Cornerstone Therapy Services is a small individually owned pediatric therapy practice. Cindy Peters-Pontones, owner and speech/language pathologist, has been a practicing therapist since 1984 and established in Brevard County since 1986.

#### Success is Teamwork:

At Cornerstone we believe that each child can make progress to achieve their maximum potential through teamwork that involves first and foremost, the parent/caregiver and the child, and then the team of professionals who are involved with the child and family. The parents are the “cornerstone” of what happens in the treatment process. They know their child the best and are the best educators of their children’s habits. Thus, it is imperative the parents are intimately involved in their child’s treatment process. We encourage involvement through teaching/training parents on how to work on certain skills in the home environment.

#### Parents are Trainers of Their Children:

Parents are the real teachers and trainers of their children. Therapists understand the developmental processes and are professional facilitators of those skills. At times, expect the therapist to spend entire sessions with you, the parent, training you on how to teach your child at home. Counseling and training regarding your child’s special circumstances are as important as hands on work with your special little one. Particularly with children who are between the ages of birth and three years of age, the emphasis of treatment should primarily be with the parent.

#### Consistency of Attendance:

It is quite important that you and your child attend appointments on a regular basis. This is a major part of achieving success. Please refer to our attendance/cancellation policy and commitment to treatment for further clarification.

We enjoy working with your children and feel it is a privilege to serve you and your family to achieve optimal progress. The ultimate goal is discharge into the world to be a child free to learn, play and grow to their fullest potential.

Cindy Peters-Pontones

*"Hope exists here at Cornerstone Therapy Services. We build a foundation for your child so they can learn to live, cope with their challenges, reach their fullest potential and ultimately be happy and succeed. We help change a parent's fear to hope through scientifically based methods, education, evidence based practice and interventions."*

**CONSENT/AUTHORIZATION FORM**

Date \_\_\_\_\_

**CONSENT FOR TREATMENT** I authorize Cornerstone Therapy Services to perform the therapy(s) described below. I have been informed of the reason(s) for therapy(s), along with the expected benefits.

Please check all that apply below:

Speech Therapy     Occupational Therapy     Physical Therapy

**Telehealth** -  Speech Therapy     Occupational Therapy     Physical Therapy

The therapy(s) was explained to me in detail and all my questions were fully answered. Understanding this, I authorize Cornerstone Therapy Services consent to treat \_\_\_\_\_

(Name of patient if minor)

I also certify that no guarantee or assurance has been made as to the results that may be obtained.

**RELEASE OF MEDICAL RECORD**

In order to ensure proper follow-up and continuity of care, I agree that a copy of the medical record may be released to my physician, and designated referral physician and/or the provider who referred me. I authorize Cornerstone Therapy Services to release the medical records of

\_\_\_\_\_ as explained above.

**INSURANCE AUTHORIZATION**

I request that payment of authorized benefits be made to Cornerstone Therapy Services on my behalf, for any services provided to me. I authorize any holder of medical and other information about me to release to Medicaid and its agents, any insurance company, any other third party payer, state medical assistance agency or any other governmental or private payer responsible for paying such benefits, any information needed to determine these benefits of benefits for related services. I agree to pay all charges not covered by a third - party payer. I authorize a copy of this authorization to be used in place of the original. I understand that filing insurance is a courtesy and not an obligation. I also understand that the contract is between myself and the insurance carrier, not the practice and the insurance carrier.

\_\_\_\_\_  
Patient or person authorized to consent for patient

\_\_\_\_\_  
Date

**PATIENT FINANCIAL AGREEMENT**

Thank you for choosing us your provider. We are committed to being a partner in providing your child with quality care. Payment of the bill is considered an important part of the partnership. Please let us know if you have any questions.

The following is a statement of our Financial Policy, which we require you to read and sign.

As a courtesy, we will bill your insurance directly for services. However, it is your responsibility to call your insurance company:

- To understand your benefit plan
- To know if a pre-authorization is required prior to treatment
- To know what services are covered

Regarding Insurance:

Your insurance policy is a contract between you and your insurance company. Payment of your bill is ultimately your responsibility.

1. I have read and understand this Financial Agreement
2. I authorize and consent to the release of medical information necessary to bill and process insurance claims
3. I authorize the payment of benefits directly to Cornerstone Therapy Services
4. I agree to pay all charges not covered or paid by my insurance company

\_\_\_\_\_  
Name of Patient (Please Print)

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Signature of Responsible Party

\_\_\_\_\_  
Date

## ATTENDANCE AND CANCELLATION POLICY

Cornerstone is committed to the best treatment possible for your child. Consistency of attendance will allow your child to achieve maximum results within the shortest time span.

### Cancellations – Non Emergency:

Except for emergency situations, **all appointments must be cancelled at least 24 hours in advance by texting your therapist.** We consider the following to be examples of NON- EMERGENCY reasons to cancel an appointment: vacations, prescheduled doctor appointments, family events, parties field trips, recreational events, after school activities, lack of baby sitter, holiday weekend, school holiday, day before or after a holiday, or scheduled conflict. \_\_\_\_\_ **Initial**

### Cancellations – Emergency:

In case of emergency (sudden illness, car accident, death in family, hospitalization, emergency doctor visit), appointment must be cancelled as early as possible prior to appointment time. There is no charge for an emergency related cancelled appointment. \_\_\_\_\_ **Initial**

### No Show without Notification:

If you No Show for your appointment more than one time, you will be formally discharged from the program. \_\_\_\_\_ **Initial**

### Childhood Disease:

Please note if your child contracts lice, ringworm, pink eye, strep throat, chickenpox or any other typical childhood communicable disease, you need to contact our office immediately. The child will be placed on hold until the contagious period is over and your doctor gives Cornerstone authorization to resume treatment. \_\_\_\_\_ **Initial**

### Holiday and School Vacations:

Cornerstone Therapy Services does not follow the school calendar. We are open 12 months a year and closed only for the following holidays: New Year's Day, Memorial Day, July 4<sup>th</sup>, Labor Day, Thanksgiving Day, and Christmas Day. Unless otherwise explicitly stated, we are open our regular hours on the days immediately before and after these holidays. \_\_\_\_\_ **Initial**

### Attendance:

Therapy will not be effective unless it is consistent and regular. Therefore, regular attendance to all appointments is important. If two or more appointments within a four-week period are missed due to reasons other than illness, and not rescheduled, we will not be able to hold the appointment time and it will be given to another person. In that case, we will place you on our waiting list for therapy. If the regular appointment time is difficult to maintain, please discuss the possibility of a different time or day with your therapist. We cannot guarantee an appointment be held for an extended vacation. \_\_\_\_\_ **Initial**

**MY SIGNATURE BELOW INDICATES THAT I HAVE READ THE ABOVE POLICY AND UNDERSTAND AND ACCEPT THE TERMS AND CONDITIONS.**

\_\_\_\_\_  
**Please print name of patient**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Signature of patient/responsible person (if patient is a minor)**

\_\_\_\_\_  
**Relationship to patient**

\_\_\_\_\_  
**Speech Therapist Name**

\_\_\_\_\_  
**Speech Therapist Cell Phone Number**

\_\_\_\_\_  
**Occupational Therapist Name**

\_\_\_\_\_  
**Occupational Therapist Cell Phone Number**

\_\_\_\_\_  
**Physical Therapist Name**

\_\_\_\_\_  
**Physical Therapist Cell Phone Number**

**CASE HISTORY FORM**

**Identifying Information:**

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Parent's Name(s): \_\_\_\_\_ Home Phone: \_\_\_\_\_  
 Home Address: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 \_\_\_\_\_ Work Phone: \_\_\_\_\_  
 Parent's Occupation(s): \_\_\_\_\_  
 Email Address: \_\_\_\_\_  
 Child's School: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_  
 Referred By: \_\_\_\_\_  
 Doctor's Name: \_\_\_\_\_ Doctor's Phone: \_\_\_\_\_

Child lives with (check one):

\_\_\_\_\_ Birth Parent                      \_\_\_\_\_ Foster Parents  
 \_\_\_\_\_ Adoptive Parents              \_\_\_\_\_ One Parent  
 \_\_\_\_\_ Parent & Step-Parent          \_\_\_\_\_ Other: \_\_\_\_\_

**Family History:**

Siblings: \_\_\_\_\_ Age: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Is there a family history of:	Yes/No
Speech/Language Difficulties	_____
Hearing Impairment/Deafness	_____
Learning Difficulties	_____
Developmental Difficulties	_____

If you responded "yes" to any of the above, please describe:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Statement of the Problem:**

Describe in your own words what problem your child is having:

\_\_\_\_\_  
\_\_\_\_\_

List any other concerns you have regarding your child's development:

\_\_\_\_\_  
\_\_\_\_\_

Does your child have a formal diagnosis: Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, what is it? \_\_\_\_\_

\_\_\_\_\_

When was it made? \_\_\_\_\_ By whom? \_\_\_\_\_

**Pregnancy/Birth History:**

**Prenatal Care Provided:** Yes \_\_\_\_\_ No \_\_\_\_\_

**Pregnancy was:** Normal \_\_\_\_\_ Complicated (please circle one)

If complicated, please elaborate below:

Spotting \_\_\_\_\_ High Blood Pressure \_\_\_\_\_ Diabetes \_\_\_\_\_ Smoking \_\_\_\_\_ Pre-Existing Condition \_\_\_\_\_  
Fever \_\_\_\_\_ RH Incompatibility \_\_\_\_\_ Medications \_\_\_\_\_ Alcohol/Drug \_\_\_\_\_ Other \_\_\_\_\_

**Birth:**

**Term of Pregnancy:** Full \_\_\_\_\_ weeks Premature: \_\_\_\_\_ weeks

**Delivery:** Vaginal \_\_\_\_\_ Cesarean \_\_\_\_\_

**Presentation:** Breech \_\_\_\_\_ Head Down \_\_\_\_\_

**Labor:** Induced \_\_\_\_\_ Natural \_\_\_\_\_ Length of Labor \_\_\_\_\_

**Child's Birth Weight:** \_\_\_\_\_

**Special Considerations:**

Cord around neck \_\_\_\_\_ Meconium Birth \_\_\_\_\_ Jaundiced \_\_\_\_\_ Twin (first or second) \_\_\_\_\_  
Incubation Time \_\_\_\_\_ Medication \_\_\_\_\_

Length of Child's Hospital Stay \_\_\_\_\_

Complications at Birth? \_\_\_\_\_

**Medical Information:**

Illnesses, Chronic Medical Conditions and Diagnoses Include:

\_\_\_\_\_  
\_\_\_\_\_

**Hospitalizations or Surgeries:**

<u>Date</u>	<u>Reason</u>	<u>Location</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Has your child had any of the following? List approximate dates of when?

Adenoidectomy: \_\_\_\_\_

Allergies: \_\_\_\_\_

Breathing Difficulties: \_\_\_\_\_

Chicken Pox: \_\_\_\_\_

Frequent Colds: \_\_\_\_\_

Frequent Ear Infections: \_\_\_\_\_

Ear (PE) Tubes: \_\_\_\_\_

High Fever: \_\_\_\_\_

Head Injury: \_\_\_\_\_

Sleeping Difficulties : \_\_\_\_\_

Thumb/Finger Sucking: \_\_\_\_\_

Tonsillectomy: \_\_\_\_\_

Tonsillitis: \_\_\_\_\_

Vision Problems: \_\_\_\_\_

If you check any, please provide additional details:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Immunizations: \_\_\_\_\_ Current \_\_\_\_\_ Not Current

Specialists Seen (Neurology, ENT, Orthopedic, GI, etc.):

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Allergies:

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Current Medications and Dosage: \_\_\_\_\_

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Vision: (note if formal screening done, surgery, corrective lenses used)

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Dental: (note if teeth are present, any abnormalities or overbites)

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Hearing: (note if ear infections are frequent, tube placement or hearing tests performed)

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Please check the appropriate column:

	Y	N
My child has 3 or more ear infections between birth and 12 months of age.		
My child has had at least one ear infection which lasted more than three months.		
My child has been evaluated by an audiologist who determined that his/her hearing is within normal limits. Date of screening:		
I suspect my child has a hearing problem.		
My child prefers one ear over the other. If yes, which ear? (Circle) <b>Right or Left</b>		
My child has had tubes in his/her ears. If yes, when?		
My child wears hearing aids. If yes, what type and for how long?		

**Oral Motor & Feeding History:**

Has your child experienced feeding/eating difficulties (e.g. biting, swallowing, and chewing)? Yes/No \_\_\_\_\_

If yes, please explain: \_\_\_\_\_

Was your child breast-fed or bottle-fed? \_\_\_\_\_

Does your child eat by one's self using utensils? Yes/No \_\_\_\_\_ Drool? \_\_\_\_\_

Does your child put toys in their mouth? Yes/No \_\_\_\_\_

If yes, please explain: \_\_\_\_\_

Does your child have food allergies? Yes/No \_\_\_\_\_

If yes, please explain: \_\_\_\_\_

Does your child have food preferences/aversions? Yes/No \_\_\_\_\_

If yes, please explain: \_\_\_\_\_

Does your child have a history of feeding problems? If yes, check all that apply:

\_\_\_\_\_ Choking

\_\_\_\_\_ Difficulty Biting

\_\_\_\_\_ Overstuffing Mouth

\_\_\_\_\_ Poor Nursing

\_\_\_\_\_ Difficulty Chewing

\_\_\_\_\_ Difficulty Swallowing

Is your child a messy or picky eater? Yes/No \_\_\_\_\_

Please list favorite foods:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Speech, Language and Hearing Development:**

Did your child make babbling or cooing sounds during the first 6 months of life? \_\_\_\_\_

At what age did the child say his or her first word? \_\_\_\_\_

What were your child's first words? \_\_\_\_\_

Did your child keep adding words once he/she started to talk? Yes/No \_\_\_\_\_

If no, explain: \_\_\_\_\_

At what age did the child begin using 2 and 3 word sentences? \_\_\_\_\_

Did speech learning ever seem to stop for a period of time? Yes/No \_\_\_\_\_

If yes, explain \_\_\_\_\_

Does your child talk a lot \_\_\_\_\_ occasionally \_\_\_\_\_ never \_\_\_\_\_

Does your child prefer to talk \_\_\_\_\_ gesture \_\_\_\_\_ talk and gesture \_\_\_\_\_

Does the child most frequently use sounds \_\_\_\_\_ single words \_\_\_\_\_ 2-word sentences \_\_\_\_\_

3-word sentences \_\_\_\_\_ more than 3-word sentences \_\_\_\_\_

List examples: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Does your child make sounds incorrectly? Yes/No \_\_\_\_\_ If yes, which ones? \_\_\_\_\_

\_\_\_\_\_

Does your child hesitate, "get stuck", repeat or stutter on sounds or words? Yes/No \_\_\_\_\_ If yes,

describe: \_\_\_\_\_

Describe any recent changes in the child's speech: \_\_\_\_\_

\_\_\_\_\_

Can the child tell a simple story? Yes/No \_\_\_\_\_

How well can he/she be understood by the following individuals? (indicate "A" for all the time; "M" for most of the time; "S" for some of the time; or "R" for rarely)

Parents \_\_\_\_\_ Siblings \_\_\_\_\_ Teacher(s) \_\_\_\_\_ Friends \_\_\_\_\_ Strangers \_\_\_\_\_

Comments \_\_\_\_\_

Does the child seem to understand what you say to him or her? Yes/No \_\_\_\_\_

If no, explain \_\_\_\_\_

Does your child consistently answer to his/her name? Yes/No \_\_\_\_\_

Does your child make appropriate eye contact with adults? Yes/No \_\_\_\_\_ Other children? Yes/No \_\_\_\_\_

Does your child identify simple objects? Yes/No \_\_\_\_\_

Does your child follow simple commands? Yes/No \_\_\_\_\_

Please describe/give examples: \_\_\_\_\_

Does your child ever have trouble remembering what you have told him or her? Yes/No \_\_\_\_\_

If yes, explain? \_\_\_\_\_

Does your child enjoy looking at books? Yes/No \_\_\_\_\_ How often do you read to your child? \_\_\_\_\_

**Sensory and Motor Development:**

Does your child have any difficulty walking, running, sitting or other large motor skills? Yes/No \_\_\_\_\_

If yes, please describe \_\_\_\_\_

\_\_\_\_\_

Does your child tippy-toe walk? Yes/No \_\_\_\_\_

Is your child clumsy or does he/she fall easily? Yes/No \_\_\_\_\_

Does your child have low body tone? Yes/No \_\_\_\_\_

Does your child have difficulty with fine motor skills such as stacking, cutting and handwriting? Yes/No \_\_\_\_\_

If yes, please describe: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Motor milestone development ages obtained:

Crawled \_\_\_\_\_ Sat \_\_\_\_\_ Stood \_\_\_\_\_ Walked \_\_\_\_\_ Fed Self \_\_\_\_\_ Dressed Self \_\_\_\_\_ Toileted \_\_\_\_\_ 1<sup>st</sup>

Words \_\_\_\_\_

Is your child sensitive to certain textures of food or clothing? Yes/No \_\_\_\_\_

If yes, please describe: \_\_\_\_\_

\_\_\_\_\_

Does your child dislike having substances on his/her hands such as glue or dirt? Yes/No \_\_\_\_\_

Is your child oversensitive to being touched or dislike being touched? Yes/No \_\_\_\_\_

If yes, please describe: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Does your child have any known gastrointestinal issues? Yes/No \_\_\_\_\_

If yes, explain \_\_\_\_\_

Check all that apply: Child finger feeds \_\_\_\_\_ uses a fork \_\_\_\_\_ a spoon \_\_\_\_\_ on open cup \_\_\_\_\_ a straw \_\_\_\_\_

Is adult assistance needed with feeding? Yes/No \_\_\_\_\_

If yes, explain \_\_\_\_\_

Has he/she ever choked on solid foods? Yes/No \_\_\_\_\_ Does your child cough on liquids? Yes/No \_\_\_\_\_

Can your child chew well? Yes/No \_\_\_\_\_ Does he/she drool? Yes/No \_\_\_\_\_ If yes, when? \_\_\_\_\_

Did your child use a pacifier? Yes/No \_\_\_\_\_ If yes, age weaned from pacifier \_\_\_\_\_

Does your child continue to mouth objects? Yes/No \_\_\_\_\_

Did your child suck his/her thumb/fingers? Yes/No \_\_\_\_\_ If yes, until when? \_\_\_\_\_

Does your child suck on his/her hair/clothing/blanket/etc? Yes/No \_\_\_\_\_ If yes, what? \_\_\_\_\_

Does your child resist tooth brushing? Yes/No \_\_\_\_\_ Does he/she like taking a bath? Yes/No \_\_\_\_\_

Swings? Yes/No \_\_\_\_\_ Parties? Yes/No \_\_\_\_\_ Rough housing? Yes/No \_\_\_\_\_

Child prefers to primarily play: alone \_\_\_\_\_ with other children \_\_\_\_\_ with older children \_\_\_\_\_

with younger children \_\_\_\_\_ with adults \_\_\_\_\_

Is your child overly sensitive to loud sounds? Yes/No \_\_\_\_\_ Bright lights? Yes/No \_\_\_\_\_

Tags on clothing? Yes/No \_\_\_\_\_

Give ages at which the following first occurred:

Sat up \_\_\_\_\_ Crawled \_\_\_\_\_ Stood \_\_\_\_\_ Walked \_\_\_\_\_ Ran \_\_\_\_\_

Bladder trained \_\_\_\_\_ Bowel trained \_\_\_\_\_ Night trained \_\_\_\_\_

Which hands does the child use more frequently? Right \_\_\_\_\_ Left \_\_\_\_\_ No preference \_\_\_\_\_

### **Behavior:**

Does your child typically display any of the following behaviors? (check all that apply.)

reduced or lack of interaction with others

tantrums

passive in interactions

very active

underactive

inattentive

refuses to perform tasks

difficulty staying on task

difficulty finishing tasks

sensitive

angry/acting out behavior

frustrated

shy

### **Educational History:**

Does your child attend? Daycare \_\_\_\_\_ Preschool \_\_\_\_\_ Kindergarten \_\_\_\_\_ Grade School \_\_\_\_\_

Name of School \_\_\_\_\_ Grade/Level \_\_\_\_\_

In school, does he/she do: average \_\_\_\_\_ below average \_\_\_\_\_ above average \_\_\_\_\_ work?

What are the child's best subjects? \_\_\_\_\_

Has he or she repeated a grade? Yes/No \_\_\_\_\_ If yes, which one(s)? \_\_\_\_\_

What is your impression of your child's learning abilities? \_\_\_\_\_

What is your impression of your child's social skills? \_\_\_\_\_  
\_\_\_\_\_

Does your child display any behavioral or attentional issues at school? \_\_\_\_\_  
\_\_\_\_\_

Describe any speech, language, hearing, OT, PT, psychological, special education services, tutoring that the child is receiving/has received.

Type of Therapy	Therapist	Frequency	Place (Private/School)	Group or Individual?	Duration (e.g., age 3-5)

**Favorite Activities:**

Please list some of your child's favorite toys, games, hobbies, etc.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What do you consider to be your child's greatest strengths?

\_\_\_\_\_  
\_\_\_\_\_

What other concerns do you have about your child?

\_\_\_\_\_  
\_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**Cornerstone Therapy Services**

**RECEIPT OF NOTICE OF PRIVACY PRACTICES  
WRITTEN ACKNOWLEDGEMENT FORM  
EFFECTIVE DATE OF THIS NOTICE: APRIL 14, 2003**

I, \_\_\_\_\_, have received a copy of CORNERSTONE THERAPY SERVICES'S Notice of Privacy Practices.

\_\_\_\_\_  
Patient's Name

\_\_\_\_\_  
Signature of Parent/Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name of Parent/Patient

## **NOTICE OF PRIVACY PRACTICES**

New federal laws require us to give you this Notice about our privacy practices regarding your protected health information. This is effective as of April 14, 2003 and will remain in effect until we replace it.

### **PLEASE REVIEW NOTICE CAREFULLY.**

#### **HOW DO WE PROTECT YOUR INFORMATION?**

Our practice is dedicated to maintaining the privacy of your Protected Health Information (PHI). We maintain physical and procedural safeguards to protect your personal information. We establish confidentiality agreements with contracted parties that receive non-public personal, financial and health information about you. Our office will make reasonable efforts to disclose only the minimum necessary protected information to accomplish the intended purpose. The terms of this notice apply to all records containing your PHI that are created or retained by this practice. We reserve the right to change our privacy practices and terms of this notice at any time, provided such changes are permitted by law. Before we make a significant change to our privacy procedures, we will change this Notice and make the new Notice available upon request.

#### **HOW DO WE USE YOUR PROTECTED HEALTH INFORMATION (PHI)?**

- 1. Treatment.** We may use or disclose your health information to a physician or other healthcare provider providing treatment to you. Many of the people who work for our practice, including but not limited to, our therapists may use or disclose your PHI in order to treat you or to assist others in your treatment. Finally, we may also disclose your PHI to other health care providers for purposes related to your treatment.
- 2. Payment.** Our practice may use and disclose your PHI in order to bill and collect payment for the services and items you may receive from us. We also may use and disclose your PHI to obtain payment from third parties that may be responsible for such costs, such as family members. We may disclose our PHI to other health care providers and entities to assist in their billing and collection efforts.
- 3. Health Care Operations.** Our practice may use and disclose your PHI to operate our business. As examples of the ways in which we may use and disclose your information for our operations, our practice may use your PHI to evaluate the quality of care you received from us, or to conduct cost-management and business planning activities for our practice. We may disclose your PHI to other health care providers and entities to assist in their health care operations.
- 4. Persons Involved In Care.** If you are available and do not object, we may disclose your PHI to your family, friends, and others involved in your care or payment of a claim. If you are unable or incapacitated and we determine that a limited disclosure is in your best interest, we may share limited PHI with such individuals. For example, we may use our professional judgement to share PHI with your spouse concerning the processing of a claim. Your authorization may give us written authorization to use your health information or to disclose it to anyone for any purpose. If you give us authorization, you may revoke it in writing at any time. Unless you give us written authorization, we cannot use or disclose your health information for any reason except those described in this notice.

## USE AND DISCLOSURE OF YOUR PHI IN CERTAIN SPECIAL CIRCUMSTANCES

The following categories describe unique scenarios in which we may use or disclose our protected health information:

1. **Disclosure Required by Law.** We may disclose your health information when we are required to do so by law. Our practice may use and disclose your PHI in response to a court or administrative order, if you are involved in a lawsuit or similar proceeding. We also may disclose your PHI in response to a discovery request, subpoena, or other lawful process by another party involved in the dispute, but only if we have made an effort to inform you of the request or to obtain an order protecting the information the party has requested. We may release PHI if asked to do so by a law enforcement official. We will require adequate written assurances that the PHI will not be re-used or disclosed to any other person or entity (except as required by law).
2. **Serious Threats to Health or Safety.** Our practice may use and disclose your PHI when necessary to reduce or prevent a serious threat to your health and safety or the health and safety of another individual or the public. Under these circumstances, we will only make disclosures to a person or organization able to help prevent the threat.
3. **National Security and Military.** We may disclose to military authorities the health information of Armed Forces personnel under certain circumstances. Our practice may disclose your PHI to federal officials for intelligence and national security activities authorized by law. We also may disclose your PHI to a correctional institution or law enforcement official having lawful custody of protected health information of a patient under certain circumstances.

## YOUR RIGHTS REGARDING YOUR PHI

You have the following rights regarding the PHI that we maintain about you:

1. **Confidential Communications.** You have the right to request that our practice communicate with you about your health and related issues in a particular manner or at a certain location. For instance, you may ask that we contact you at home, rather than work. In order to request a type of confidential communication, you must make a written request to Cornerstone Therapy Services specifying the requested method of contact, or the location where you wish to be contacted. Our practice will accommodate reasonable requests. You do not need to give a reason for your request.
2. **Requesting Restrictions.** You have the right to request a restriction in our use or disclosure of your PHI for treatment, payment or health care operations. Additionally, you have the right to request that we restrict our disclosure of your PHI to only certain individuals involved in your care or the payment for your care, such as family members and friends. We are not required to agree to your request; however, if we do agree, we are bound by our agreement except when otherwise required by law, in emergencies, or when the information is necessary to treat you. In order to request a restriction in our use or disclosure of your PHI, you must make your request in writing. Your request must describe in a clear and concise fashion:
  - (a) the information you wish restricted;
  - (b) whether you are requesting to limit our practice's use, disclosure or both; and
  - (c) to whom you want the limits to apply.
3. **Inspection and Copies.** You have the right to inspect and obtain a copy of the PHI that may be used to make decisions about you, including patient medical records and billing records. You must submit your request in writing to Cornerstone Therapy Services in order to inspect and/or obtain a copy of your PHI. Our practice may charge a fee for the costs of copying, mailing, labor and supplies associated with your request. Our practice may deny your request to inspect and/or copy in certain limited circumstances; however, you may request a review of our denial. Another licensed health care professional chosen by us will conduct reviews.



4. **Amendment.** You may ask us to amend your health information. To request an amendment, you request must be made in writing and explain why the information should be amended. We may deny you request under certain circumstances.
5. **Accounting of Disclosures.** You have the right to request an accounting of certain disclosures made by us of your PHI. Use of your PHI as part of the routine patient care in our practice is not required to be documented. For example, the doctor sharing information with the nurse; or the billing department using your information to file your insurance claim. In order to obtain an accounting of disclosures, you must submit your request in writing, and may not be longer than six (6) years from the date of disclosure and may not include dates before April 14, 2003. The first list you request within a 12-month period is free of charge, but our practice may charge you for additional lists within the same 12-month period. Our practice will notify you of the costs involved with additional requests, and you may withdraw your request before you incur any costs.
6. **Right to File a Complaint.** If you believe your privacy rights have been violated, you may file a complaint with our practice or with the Secretary of the Department of Health and Human Services. All complaints must be submitted in writing. You will not be penalized for filing a complaint.
7. **Right to Provide an Authorization for Other Uses and Disclosures.** Our practice will obtain your written authorization for uses and disclosures that are not identified by this notice or permitted by applicable law. Any authorization you provide to us regarding the use and disclosure of your PHI may be revoked at any time in writing. After you revoke your authorization, we will no longer use or disclose your PHI for the reason described in the authorization. Please note, we are required to retain records of your care.
8. **Right to a Copy of This Notice.** You have the right to a paper copy of this Notice upon request by contacting Cornerstone Therapy Services.